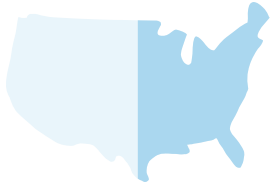




About Room to Grow

THE CHALLENGE



Nearly half of America's babies live in or near poverty.



By age two, many toddlers in low-income households are six months behind. By the end of kindergarten, low-income children can be up to one year behind.



Low-income children who are behind in 3rd grade are up to 8x more likely to drop out of high school.

ROOM TO GROW'S SOLUTION

Room to Grow's three-year program provides critical support to hundreds of families raising babies born into low-income circumstances. We provide parents with essential baby and toddler items, parenting strategies and support to promote their children's development, as well as connections to community resources that can meaningfully expand their support network.



BABY & TODDLER ITEMS

Families pick out clothes, books, toys, and other items for their children.



PARENTING SUPPORT

Families discuss parenting questions with program staff and connect with community resources.



CHILD DEVELOPMENT

Families develop strategies to support their children's growth and development.

HOW OUR PROGRAM IS STRUCTURED

Families have their first visit during the last trimester of pregnancy. From there, they meet one-on-one with program staff every three months until their child turns three. Each visit is two hours long and is held at one of our Family Centers in Boston or New York.



FIRST HALF OF VISIT

Families meet with program team members to talk through the challenges and joys of early parenthood, discuss their children's development, and brainstorm strategies and resources that support family goals.



SECOND HALF OF VISIT

Families and program staff continue conversations in our baby boutique, where parents choose the clothes, books, toys, and other items that will be useful for their children until the next visit.



DID YOU KNOW?

Room to Grow relies on donations of baby items from generous individuals and companies to keep our baby boutiques stocked. The items that Room to Grow provides to families enables caregiving, enhances home learning environments, and alleviates material hardship and the associated stressors.

THE RESULTS: ROOM TO GROW WORKS

Participation in Room to Grow sparks growth and development for both the child and family. We gather data from Room to Grow families using surveys and widely used assessments in order to tailor visits to every family's individual circumstances and, additionally, to reflect on and improve our program.



9 out of 10 children in our program are meeting or exceeding their developmental milestones



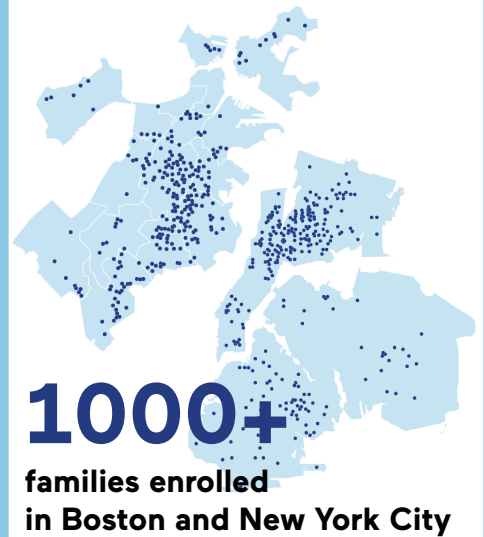
86% of parents in our program report self-confidence in responding to challenges and opportunities



99% of parents in our program engage in activities promoting their child's development daily



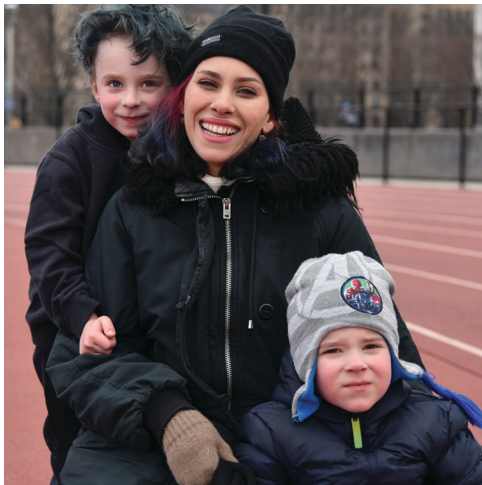
88% of parents in our program say Room to Grow helps them reduce their stress



INTERESTED IN DIVING DEEPER INTO ROOM TO GROW'S IMPACT?

Check out these two papers: [Early impacts of Room to Grow: A multifaceted intervention supporting parents and children age zero to three](#) and [Poverty after Birth: How Mothers Experience and Navigate U.S. Safety Net Programs to Address Family Needs](#).

FAMILY PROFILE



During her childhood in the South Bronx, Veridiana faced significant adversity. When she decided to start a family of her own, she set out to do everything in her power to ensure her children would have all they needed in life. Asking for resources wherever she went, Veridiana soon found out about Room to Grow from another mother who was in the program, and enrolled right away. She describes brimming with excitement after her first appointment, during which she was able to select a bassinet, among many other baby essentials, and learn how to safely swaddle her baby boy.

Veridiana's clinician prepared her with all of the baby items and necessary information for her son Oliver's arrival, and gave her the ongoing support she was looking for so that she could change her life trajectory. Looking back now, Veridiana has a renewed appreciation for her South Bronx community. She is a joyful mother of two, and one of the founding members of Room to Grow's Parent Advisory Council. [Listen to Veridiana](#) speak about growing up in the Bronx, her family, and Room to Grow.

“ Room to Grow didn't just give me clothing and books for Oliver. Room to Grow gave me peace. ”

– Veridiana, Room to Grow Parent Graduate