



## Volunteering with Room to Grow Health and Safety Guidelines

We are so excited to welcome volunteers to our space. In order to ensure the safety of our staff, participants, and volunteers, Room to Grow has updated our volunteer safety guidelines.

On arrival, volunteers must:

- Review and electronically sign the Volunteer [Waiver](#).
- Confirm that they are not exhibiting symptoms of illness, including common symptoms of COVID-19 (such as coughing, runny nose, fever, body-aches, etc.), by filling out our health screening questionnaire.
- Put on a mask as an extra precaution if they are prone to coughing or sneezing due to allergies, dust, or other factors.

*Note: A Room to Grow team member will share these forms with you in advance of your shift!*

Once onsite, all volunteers must:

- Follow all physical distancing guidelines and occupancy limits
- Practice good hygiene, including washing hands or using hand sanitizer when arriving, before switching tasks, and after using the restroom.

During volunteer projects:

- Room to Grow staff will lead the project and be available to answer any questions or concerns you may have
- To the extent possible, work stations will be set up to ensure volunteers can spread out

Room to Grow will have the following supplies available onsite:

- Disposable face masks
- Disposable gloves
- Sanitizer and/or a handwashing station

*Note: Only the number of volunteers pre-approved by Room to Grow will be permitted on site.*